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Timing, Till Roenneberg, Russell G.  
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multilevel research has elucidated the  
basic neuroanatomy, neurochemistry,

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and molecular neurobiology of the master circadian pacemaker located in the hypothalamic suprachiasmatic nucleus (SCN). The circadian timing system is composed of a large number of cellular oscillators located in the SCN, in non-SCN brain structures, and throughout the body.

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Preface Prog Brain Res. 2012;199:xi-  
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10.1016/B978-0-444-59427-3.00031-9

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Found in most living organisms,  
circadian rhythms are regulated by  
light, behavior, and a biological clock  
mechanism—a set of clock genes  
located in cells throughout the body.

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Timing  
Our master biological clock, based in the brain's hypothalamus, is a cluster of about 20,000 nerve cells called the suprachiasmatic nucleus (because they sit above the optic chiasm).

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Research: Editors: A. Kalsbeek,  
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. Type. Journal article. Journal. Prog  
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